

# Red Sands MENU

Open 7 days  
Lunch 11:30am - 2pm  
Dinner 5:30pm - 8pm

## CHEF'S SPECIALS

NEW SPECIALS AVAILABLE WEEKLY. PLEASE VISIT THE CLUB TO SEE OUR SPECIALS.

## STARTERS & SNACKS

	MEMBER	VISITOR
<b>BRUSCHETTA</b> VG An Italian classic of tomato, onion, basil, garlic with balsamic glaze & olive oil.	<b>9.9</b>	<b>10.9</b>
<b>GARLIC &amp; CHEESE BREAD</b> V Garlic bread topped with parmesan cheese & grilled	<b>9.5</b>	<b>10.5</b>
<b>GARLIC OR HERB BREAD</b> VG	<b>8.5</b>	<b>9.4</b>
<b>LOADED GARLIC BREAD</b> Topped with cheese, bacon & sweet chilli sauce	<b>11</b>	<b>12.1</b>
<b>SALT &amp; PEPPER SQUID</b> Squid lightly coated in salt & pepper seasoning served with beanshoot asian salad	<b>14.9</b>	<b>16.4</b>
<b>FRESH SYDNEY ROCK OYSTERS</b>	MEMBER	VISITOR
Natural GF	1/2 Doz <b>27.2</b>	<b>30</b> Dozen <b>37.2</b>
Kilpatrick GF	1/2 Doz <b>30.2</b>	<b>33.3</b> Dozen <b>40.2</b>
<b>HOUSE SMOKED WHOLE WINGS</b>		
Snack		5 Wings <b>14.9</b>
Feast		10 Wings <b>20.9</b>
<b>SATÉ CHICKEN</b> Grilled marinated chicken skewers served with house Malaysian peanut sauce	<b>14.9</b>	<b>16.4</b>

## BABY GOATS

All kids' meals served with a complimentary ice cream

**CHICKEN BREAST NUGGETS & CHIPS**

**CALAMARI & CHIPS**

**GRILLED CHICKEN TENDERLOIN** GF

Oven-roasted pumpkin & seasonal vegetables

**FETTUCCINE** V

With fresh tomato basil sauce

**BATTERED FISH & CHIPS**

**SAUSAGE & SWEET POTATO MASH**

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## CHAR GRILL

Grilled items served with gravy, chips & salad or chat potatoes & seasonal vegetables

	MEMBER	VISITOR
400G PASTURE-RAISED FREE RANGE RIVERINA T BONE GF	39	42.9
300G NATURAL GRASS FED GIPPSLAND RUMP GF	29.9	32.9
OCEAN & EARTH GF 250g natural grass-fed Gippsland rump with grilled prawns, calamari & creamy garlic shallot sauce	39	42.9
BUTTERFLIED CHICKEN BREAST GF	21.9	24.1
ADD ONION RINGS VG	4	4.4
SAUCES GF Dianne, peppercorn, mushroom, bernaise or creamy garlic	3	3.3
CREAMY GARLIC PRAWNS (4) GF	9	9.9

## MAINS

CRUMBED CALAMARI Tender squid strips in our house crumb with chips, salad & tartare sauce	19.9	21.9
LEMON PEPPER HOKI FILLET Hoki fillet house crumbed in a light lemon pepper seasoning with chips, salad & tartare sauce	19.9	21.9
HOT & COLD SEAFOOD BASKET Selection of crumbed & battered seafood, prawns, oysters, seasonal fruit, tartare sauce & cocktail sauce with chips	44.9	49.4
FETTUCCHINE BOSCAIOLA With mushroom, bacon, onion & parmesan tossed in a creamy garlic sauce	19.9	21.9
KOREAN BBQ CHICKEN SKEWER Marinated then grilled & served with Asian slaw, house-made Korean sauce & naan bread	27.9	30.7
TRADITIONAL ROAST PORK GF With roast vegetables, gravy, crackling & apple sauce	19.9	21.9
VEGETARIAN FETTUCCHINE V With roasted eggplant, zucchini, cherry tomatoes, rocket, olive oil, green goddess dressing & parmesan	19.9	21.9
LAYERED BBQ CHICKEN BREAST GF Layered with crispy bacon, avocado & lightly grilled Swiss cheese	26.9	29.6
BANGERS & SWEET POTATO MASH Thick beef sausages served with caramelised red onion glaze	18.9	20.8
FISH OF THE DAY	<b>SEE CHEF'S SPECIALS</b>	

## BURGER BAR

All burgers served with chips. Please note: Burgers are only available at Red Sands Bar & Grill during lunch & dinner service Monday - Thursday, and lunch service on Fridays.

THE FARMER'S BURGER 180g grilled Angus beef pattie, crispy bacon, battered onion rings, rocket, American cheddar, aioli, pickles & mild mustard on a potato bun	22.9	25.2
CHEESEBURGER 180g grilled Angus beef pattie with cheese, pickles, American mustard, onion & ketchup on a potato bun	19.9	21.9
THE ZAC SMOKED CHICKEN Zac's house smoked chicken breast, tasty cheese & coleslaw on a Cuban roll	21.9	24.1
THE CRISPY BYRON House breaded crispy chicken on a Cuban roll with rocket, tomato, bacon, gherkins, tasty cheese & aioli	22.9	25.2

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## THE SCHNITZELS

Served with chips & salad or chat potatoes & seasonal vegetables

### CHICKEN SCHNITZEL

Peckish

Famished

### PARMIGIANA

Ripe vine tomato, fresh herb sauce, mozzarella & cheddar

### SCALLOPINI

Sautéed mushroom, bacon, onion & creamy garlic sauce

MEMBER VISITOR

200g	<b>19.9</b>	<b>21.9</b>
350g	<b>22.9</b>	<b>25.2</b>
200g	<b>24.4</b>	<b>26.9</b>
350g	<b>27.4</b>	<b>30.2</b>
200g	<b>24.4</b>	<b>26.9</b>
350g	<b>27.4</b>	<b>30.2</b>

## SALADS

### THAI SALAD

*GF, VGA*

With our house-made Thai dressing

### ADD MARINATED BEEF

**14.9**   **16.4**

**7.9**   **8.7**

### CLASSIC CAESAR SALAD

*GFA*

Bacon, egg, croutons, shaved parmesan, cos lettuce, anchovies & house-made Caesar dressing

**14.9**   **16.4**

### GARDEN SALAD

*VG, GF*

Mesclun, cherry tomatoes, cucumber, Spanish onion & carrots

**14.9**   **16.4**

### ADD CHICKEN

*GF*

**7.9**   **8.7**

### ADD PRAWNS

*GF*

**9.9**   **10.9**

## SIDES

### CHIPS

*VG*

**6.9**   **7.6**

### ONION RINGS

*VG*

**8.9**   **9.8**

### SEASONAL VEGETABLES

*VG*

**8**   **8.8**